

ADULT PAINTING MATERIALS LIST  
INSTRUCTOR: RACHEL WHITE

**STUDENTS TO CHOOSE WHICH KIND OF PAINT THEY WISH TO USE (OILS, WATER BASED OILS, OR ACRYLICS), THEN SHOP FOR THE BELOW ACCORDINGLY.**

**BRANDS FOR ACRYLICS:** WINSOR & NEWTON, GOLDEN, LUKAS (WATER SOLUBLE)

**BRANDS FOR OILS:** WINDSOR & NEWTON, GRUMBACHER, GAMBLIN

#### PREFERRED COLORS

- TITANIUM WHITE (OPAQUE)
- ZINC WHITE (TRANSPARENT)
- LEMON YELLOW
- CADMIUM YELLOW MEDIUM
- YELLOW OCHRE
- VERIDIAN GREEN
- FRENCH ULTRAMARINE BLUE
- COBALT BLUE
- PERMANENT ROSE (OR QUINOCRIDONE MAGENTA FOR ACRYLICS)
- ALIZARIN CRIMSON
- CADMIUM RED LIGHT
- CADMIUM RED MEDIUM
- BURNT UMBER
- BURNT SIENNA

#### OTHER MATERIALS NEEDED

- **FOR OILS ONLY:**  
ONE OF THE FOLLOWING: LIQUIN, OIL PAINTING MEDIUM, LINSEED OIL  
ONE OF THE FOLLOWING: GAMBLIN GAMSOL (PREFERRED) OR ODORLESS TURPENOID)
- **FOR WATER SOLUBLE OILS:**  
WINSOR AND NEWTON LINSEED OIL FOR WATER SOLUBLE OILS
- **FOR ACRYLICS ONLY:**  
SLOW DRY ACRYLIC MEDIUM  
MATTE MEDIUM

#### ADDITIONAL TOOLS NEEDED

- AT LEAST 4 PAINT BRUSHES: A MIX OF FLATS, FILBERTS, AND ROUNDS, A VARIETY OF SIZES (VERY SKINNY TO WIDE. PICK ACCORDING TO YOUR SIZE PREFERENCE)
- PALETTE KNIFE(S) - AT LEAST ONE WITH A BUTTER KNIFE LIFE END
- **FOR OILS ONLY:** TWO JARS WITH LIDS – PLEASE BRING FROM HOME (LIKE A JAM JAR WITH LID)